

Kindergarten Readiness Checklist

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Child's Name: _____

Date: _____

How to Use This Checklist

Review each skill with your child over time. Check off skills they've mastered, and use unchecked items as areas to focus on. Remember: every child develops at their own pace. This checklist is a guide, not a strict requirement. Consult with your child's teacher or pediatrician if you have concerns.

Language & Literacy

- ☐ Recognizes and names most uppercase letters
- ☐ Recognizes and names most lowercase letters
- ☐ Knows the sounds of most letters
- ☐ Can write their first name
- ☐ Recognizes their written name
- ☐ Holds a book correctly and turns pages
- ☐ Understands that print is read left to right
- ☐ Can retell a simple story
- ☐ Follows 2-3 step directions
- ☐ Speaks in complete sentences (5-6 words)

Math & Numbers

- ☐ Counts to 20 or higher
- ☐ Recognizes numbers 0-10
- ☐ Counts objects accurately (1-10)
- ☐ Understands concepts of more, less, same
- ☐ Recognizes basic shapes (circle, square, triangle, rectangle)
- ☐ Can sort objects by color, size, or shape
- ☐ Understands simple patterns (AB, ABC)
- ☐ Compares sizes (big/small, tall/short)
- ☐ Understands positional words (up, down, in, out, over, under)
- ☐ Can count objects in a group without counting each one (up to 5)

Fine Motor Skills

- ☐ Holds pencil/crayon with proper grip
- ☐ Cuts with scissors along a line
- ☐ Colors within the lines (mostly)
- ☐ Draws recognizable shapes and figures
- ☐ Can trace letters and shapes
- ☐ Strings beads or buttons
- ☐ Uses glue appropriately
- ☐ Buttons and zips clothing
- ☐ Ties shoes (or learning to)
- ☐ Builds with blocks (tower of 8+)

Gross Motor Skills

- ☐ Runs, jumps, and hops with coordination
- ☐ Balances on one foot for 5+ seconds
- ☐ Catches a bounced ball
- ☐ Throws a ball overhand
- ☐ Climbs playground equipment safely
- ☐ Walks up and down stairs alternating feet
- ☐ Skips or gallops
- ☐ Follows movement directions

Social-Emotional Skills

- ☐ Separates from parents/caregivers without distress
- ☐ Plays cooperatively with other children
- ☐ Takes turns and shares
- ☐ Follows classroom rules and routines
- ☐ Expresses emotions appropriately
- ☐ Shows empathy toward others
- ☐ Accepts responsibility for actions
- ☐ Works independently for 10-15 minutes
- ☐ Asks for help when needed
- ☐ Handles transitions between activities

Self-Care & Independence

- ☐ Uses the bathroom independently
- ☐ Washes and dries hands
- ☐ Puts on and takes off coat
- ☐ Opens lunch containers and packages
- ☐ Knows full name, age, and birthday
- ☐ Knows parent/guardian names
- ☐ Follows basic safety rules
- ☐ Manages personal belongings

Notes & Observations