

Kindergarten Readiness Assessment

Countdown2K | astepforward.co

How to Use This Assessment

This assessment helps you understand where your child is in their kindergarten readiness journey. For each skill, mark whether your child can do this consistently (✓), sometimes (○), or not yet (—). Remember: every child develops differently, and there's time to build skills before kindergarten!

Essential = Focus first

Important = Build these skills

Helpful = Nice to have

CHILD'S NAME

AGE

ASSESSMENT DATE

KINDERGARTEN START

✓ = Yes, consistently ○ = Sometimes/Emerging — = Not yet



Language & Literacy

Skill	Priority	✓	○	—
Recognizes and names most letters of the alphabet	Essential	☐	☐	☐
Knows that letters make sounds	Essential	☐	☐	☐
Can write their first name	Essential	☐	☐	☐
Enjoys being read to and can retell simple stories	Important	☐	☐	☐
Speaks in complete sentences (5+ words)	Essential	☐	☐	☐
Can identify rhyming words	Important	☐	☐	☐
Follows 2-3 step directions	Essential	☐	☐	☐
Answers questions about stories read aloud	Important	☐	☐	☐

✓ Count

○ Count

— Count

Skill	Priority	✓	○	—
Counts to 20 or higher	Essential	☐	☐	☐
Recognizes numbers 0-10	Essential	☐	☐	☐
Counts objects accurately (1-10)	Essential	☐	☐	☐
Recognizes basic shapes (circle, square, triangle, rectangle)	Important	☐	☐	☐
Understands concepts of more, less, and same	Important	☐	☐	☐
Can sort objects by color, size, or shape	Important	☐	☐	☐
Creates and continues simple patterns	Helpful	☐	☐	☐
Compares sizes (bigger/smaller, longer/shorter)	Important	☐	☐	☐
✓ Count		○ Count		— Count



Social & Emotional

Skill	Priority	✓	○	—
Can separate from parent/caregiver without major distress	Essential	☐	☐	☐
Plays cooperatively with other children	Essential	☐	☐	☐
Takes turns and shares (with reminders)	Essential	☐	☐	☐
Can express needs and wants with words	Essential	☐	☐	☐
Follows basic classroom rules and routines	Essential	☐	☐	☐
Can identify and name basic emotions	Important	☐	☐	☐
Attempts new tasks with confidence	Important	☐	☐	☐
Can calm down after being upset (with support)	Important	☐	☐	☐
✓ Count		○ Count		— Count



Motor Skills

Skill	Priority	✓	○	—
Holds pencil/crayon with proper grip	Essential	☐	☐	☐
Can cut with scissors on a line	Important	☐	☐	☐
Draws recognizable shapes and simple pictures	Important	☐	☐	☐
Colors mostly within the lines	Helpful	☐	☐	☐
Can run, jump, and climb with coordination	Important	☐	☐	☐
Catches a large ball	Helpful	☐	☐	☐
Can button and zip clothing	Important	☐	☐	☐
Traces letters and shapes	Important	☐	☐	☐
✓ Count		○ Count		— Count



Self-Help & Independence

Skill	Priority	✓	○	—
Uses the bathroom independently	Essential	☐	☐	☐
Washes and dries hands properly	Essential	☐	☐	☐
Can dress themselves (buttons may need help)	Important	☐	☐	☐
Opens lunch containers and food packaging	Important	☐	☐	☐
Puts on shoes (may not tie laces yet)	Important	☐	☐	☐
Manages backpack and belongings	Important	☐	☐	☐
Knows their full name and age	Essential	☐	☐	☐
Can follow a basic routine	Essential	☐	☐	☐
✓ Count		○ Count		— Count

Assessment Summary

Areas of Strength (Most ✓):

Areas to Focus On (Most — or ○):

Action Plan (What will you work on first?):

Understanding Your Results

Mostly ✓: Your child is well on their way! Continue enriching activities and building confidence.

Mix of ✓ and ○: Great progress! Focus on turning those "sometimes" skills into "consistently" skills.

Many ○ or —: No worries! Start with Essential skills and use our activities to build readiness over time.

Remember: This is a snapshot, not a prediction. With practice and support, children can develop these skills. Consider re-assessing monthly to track progress!

Recommended Next Steps

1. Download our Home Activity Guide for fun ways to build skills
2. Track progress with our Progress Tracking Tools
3. Use Monthly Development Checklists to monitor growth
4. Try the Countdown2K app for daily kindergarten prep activities