

Kindergarten Readiness Activity Calendar

Countdown2K | astepforward.co

How to Use This Calendar

Complete one activity each day, Monday through Friday. Each week focuses on a different skill area. Activities take 10-20 minutes. Feel free to repeat favorites or adapt activities to your child's interests. Check off each day as you complete it!

Week 1: Letters & Sounds

☐

Mon	Letter hunt: Find objects starting with "A"	Literacy	☐
Tue	Practice writing uppercase A and lowercase a	Fine Motor	☐
Wed	Read a book and find all the letter A's	Literacy	☐
Thu	Sing the ABC song together	Literacy	☐
Fri	Create letter A with playdough	Fine Motor	☐

Week 2: Counting & Numbers

☐

Mon	Count toys while cleaning up (1-10)	Math	☐
Tue	Practice writing numbers 1-5	Fine Motor	☐
Wed	Count steps while walking outside	Math	☐
Thu	Sort snacks by color, then count each group	Math	☐
Fri	Play "How Many?" game with household items	Math	☐

Week 3: Shapes & Colors



Mon	Shape hunt: Find circles around the house	Math	☐
Tue	Draw and color basic shapes	Fine Motor	☐
Wed	Sort objects by color (laundry, toys)	Math	☐
Thu	Create a shape collage with cut paper	Fine Motor	☐
Fri	Play "I Spy" with colors and shapes	Math	☐

Week 4: Social Skills



Mon	Practice taking turns with a game	Social	☐
Tue	Role-play meeting a new friend	Social	☐
Wed	Discuss emotions using picture books	Social	☐
Thu	Practice saying "please" and "thank you"	Social	☐
Fri	Work together on a puzzle	Social	☐

Week 5: Fine Motor Practice



Mon	Practice cutting with scissors (straight lines)	Fine Motor	☐
Tue	String beads or pasta to make a necklace	Fine Motor	☐
Wed	Trace name using dotted letters	Fine Motor	☐
Thu	Play with playdough (roll, squeeze, pinch)	Fine Motor	☐
Fri	Color a picture, staying inside the lines	Fine Motor	☐

Week 6: Reading Readiness



Mon	Read together for 15 minutes	Literacy	☐
Tue	Retell a favorite story in your own words	Literacy	☐
Wed	Find rhyming words in a book	Literacy	☐
Thu	Act out a story with toys or puppets	Literacy	☐
Fri	Create a story together and draw pictures	Literacy	☐

Week 7: Self-Care Skills



Mon	Practice buttoning and zipping	Self-Care	☐
Tue	Organize backpack or school bag	Self-Care	☐
Wed	Practice opening lunch containers	Self-Care	☐
Thu	Learn to tie shoes (or practice)	Self-Care	☐
Fri	Review morning routine steps	Self-Care	☐

Week 8: Review & Celebrate



Mon	Practice favorite letter activities	Literacy	☐
Tue	Count and sort favorite toys	Math	☐
Wed	Draw a self-portrait	Fine Motor	☐
Thu	Talk about what you're excited for in school	Social	☐
Fri	Celebrate! You're ready for kindergarten!	Celebration	☐

Skill Areas

Literacy

Math

Fine Motor

Social

Self-Care